

CUPS

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(Pitch Perfect 2)

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Intro :16 Accounts - 32 accounts – 2 walls – 1 retart
Ultra-Beginner – Non Country

1à 8 : TOE STRUT R – TOE STRUT L – ROCKING CHAIR R

1 – 2 : Step Right forward, stomp
3 – 4 : Step Left forward, stomp
5 – 6 : Rock Step forward Right
7 – 8 : Rock Step backward Right

9 à 16 : STEP ¼ TURN L – STOMP - STEP ¼ TURN L – STOMP

1 – 2 : Step R ¼ Turn to left
3 - 4 : Stomp step R – Stomp step L
5 – 6 : Step R ¼ Turn to left
7 - 8 : Stomp step R – Stomp step L

17 à 24 : WALK FORWARD KICK – WALK BACK TOUCH

1 - 2 : Walk R forward – Walk L forward
3 - 4 : Walk R forward – Walk L forward Kick
5 - 6 : Walk L back – Walk R back
7 - 8 : Walk L back – Walk L back touch

25 à 32 : STEP TOUCH R – STEP TOUCH L x 2

1 – 2 : Step Right to Right, touch Left beside to Right
3 – 4 : Step Left to left, touch right beside to left
5 – 6 : Step Right to Right, touch Left beside to Right
7 – 8 : Step Left to left, touch right beside to left

Le restart est au 5ème mur

Country'Zum Paradise
countryzum-paradise.jimdo.com