

# Break It Back Down

Count: 32    Wall: 4    Level: Beginner

Choreographer: Dwight Meessen – March 2017

Music: "Break It Back Down" by Pat Green (album: Home) 128 bpm



## Intro 48 counts

### Rock Fwd Recover, Shuffle Bkw, Rock Back Recover, Shuffle Fwd

- 1-2            RF rock forward, LF recover
- 3&4           RF step back, LF step beside, RF step back
- 5-6           LF rock back, RF recover
- 7&8           LF step forward, RF step beside, LF step forward

### Pivot $\frac{1}{4}$ L x2, Cross, Side, Sailor

- 1-2            RF step forward, R+L  $\frac{1}{4}$  turn left
- 3-4            RF step forward, R+L  $\frac{1}{4}$  turn left
- 5-6            RF cross over, LF step side
- 7&8            RF cross behind, LF step beside, RF step side

### Weave $\frac{1}{4}$ R, Pivot $\frac{1}{2}$ R, Shuffle $\frac{1}{2}$ R

- 1-4            LF cross over, RF step side, LF cross behind, RF  $\frac{1}{4}$  right step forward
- 5-6            LF step forward, L+R  $\frac{1}{2}$  turn right
- 7&8            LF  $\frac{1}{4}$  right step side, RF step beside, LF  $\frac{1}{4}$  right step back

### Rock Back Recover, Shuffle Fwd, Rock Fwd Recover, Coaster

- 1-2            RF rock back, LF recover
- 3&4            RF step forward, LF step beside, RF step forward
- 5-6            LF rock forward, RF recover
- 7&8            LF step back, RF together, LF step forward

## Start again